

The Path is Calling

*A Gentle Introduction to Ifa-Orisha
Wisdom for the Curious and Called*

**Inspired by the teachings of Ifa-
Orisha Tradition**

by Iya Tirra-Omilade Hargrow

Greetings...

Hello, Goddess.

You didn't find this journal by accident. The path is calling. And something deep inside of you—your Ori, your spirit, your blood memory—**has already said yes.**

Yes to the ancestors.

Yes to divine wisdom.

Yes to a way of life rooted in rhythm, reverence, and your own knowing.

This is a gentle beginning, grounded in the Ifa-Orisha tradition, a West African spiritual system passed down through centuries of ancestral devotion. It honors the sacred feminine, the natural world, the ancestors, and the divine voice within you.

Inside these pages, you'll explore:

- Your Ori — your divine inner compass
- Your Ancestors — your unseen allies
- Your walk with Iwa Pele — gentle character and sacred action

These teachings don't require perfection or initiation. They invite openness. Curiosity. Devotion.

Let this journal be your altar. Let your words become prayers. Let this be the beginning.

Peace and Love,

Iya Tirra-Omilade

Your Priestess, Guide & Sister-Friend



[Join the Ileke Initiation → <https://bit.ly/ilekeallaccess>]

Meet Your Ori

The Higher Self That Came Just for You

In the Ifa-Orisha tradition, your Ori is the very first and most important Orisha. Your Ori is your higher self—your divine consciousness who knows your purpose and chose this lifetime with you.

When you feel confusion, fear, or pressure, you can always turn inward and call on your Ori for guidance. One of the most powerful ways to connect is through a simple, daily head blessing.

Ritual

Dip two fingers from each hand into a bowl of clean water.

Gently touch your crown, your third eye, and trace the outer edge of your face.

Say aloud:

“Ori, what would you have me know today?”

Breathe deeply. Listen for the whisper.....

Meet Your Ori

Journal Prompts:

- What wisdom do I hear from within today?
- Where have I been doubting my inner knowing?
- What might shift if I fully trust Ori?

🎧 Experience the Ori blessing + sacred teaching from Iya Tirra
→ [Watch Here](#)

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Honor Your Ancestors

You Are Not Alone

The ancestors walk with you—some you know, some you don't—but all are listening.

In this tradition, your ancestors are not just figures from the past; they are your chief guardian angels, deeply invested in your healing and your success.

Whether you know your lineage or not, you can always call on the ancestors of light to support and guide you.

Ritual

Pour clean water into a glass or bowl.

Say aloud:

"To the ancestors of light who walk with me: I thank you. I honor you. I remember."

Then pour the water into the earth or a plant as libation.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Embody Iwa Pele

Good Character is the Way

Iwa Pele means "good character," but it isn't about being perfect. It's about walking in alignment—with integrity, kindness, and inner truth.

Your character is your offering to the world. It's how you move through life with grace and power. The Orisha walk with us to help us cultivate Iwa Pele—especially when we fall short.


Reflection:

- Where in my life do I need to come back into integrity?
- What's one real action I can take today?

The Orisha Support Your Walk:

- **Eshu** – reveals where you stand and helps open the way
- **Obatala** – supports wisdom and clean decision-making
- **Shango** – calls you to lead your life boldly
- **Oshun** – helps you reframe with beauty and sweetness
- **Yemoja** – loves you unconditionally and helps you try again

Journal Prompts:

-  Watch the Iwa Pele segment from Iya Tirra's teaching → [Watch Here](#)

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Align with Destiny

The Path is Calling: A Gentle Introduction to Ifa-Orisha Wisdom

You Have a Sacred Assignment

Destiny (ayanmo) is your sacred agreement with your Ori. Your higher self knows what you came here to do, and your path becomes clearer the more you align with that truth. When things feel uncertain, the Odu offers divine wisdom.

ODU OSHE

"A new precedent must be established in order to find good fortune."
Let this moment be your turning point.

ODU OBARA

"Live in harmony with nature and abundance flows."
Slow down. Align. Proceed with care.

ODU OGBE

"This is a time for expansion, new beginnings, and opportunities."
You are being called forward. Answer with grace.

Align with Destiny

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ODU OGUNDA


"Abundance can be found at home. Any struggle pulling you away from home may be pulling you away from your destiny."

Odu Ogunda carries the message of Ogun, the Orisha of action, courage, and protection. He clears the way—but only when we commit to the path with focus and alignment.

Ogun reminds us: the enemy is often the inner me. This Odu challenges you to cut through distraction, reclaim your boldness, and stay devoted to what is truly yours.

REFLECTION PROMPTS:

- Where am I being pulled away from my inner "home" or center?
- What distractions are costing me energy I need for my purpose?
- Where is life asking me to be more bold, focused, or courageous?
- How might I call on Ogun to clear the way for me now?

 When you walk with good character and focus on your sacred assignment, protection and abundance follow. The path opens. Ashe.

 Want to go deeper? Revisit Iya Tirra's full teaching on this Odu → [Watch Here](#)



THE PATH IS CALLING YOU DEEPER

An Invitation to The Sacred Calabash: Ileke Initiation

Beloved Sister,

If these pages stirred something ancient inside you...

If your Ori whispered yes...

If your ancestors felt near as you wrote...

Then perhaps it's time.

The Sacred Calabash: Ileke Initiation is a *guided, spirit-led experience where women step into the sacred Ifa-Orisha tradition with devotion, clarity, and support.*

Through prayer, ritual, wisdom, and community, we reclaim our connection to the Orisha, our ancestors, and most importantly—ourselves.

You don't have to figure this out alone.

You don't have to be perfect.






You just need to answer the call.



THE PATH IS CALLING YOU DEEPER

An Invitation to The Sacred Calabash: Ileke Initiation

Inside The Sacred Calabash, you will:

-  *Learn the foundational teachings of the tradition*
-  Receive your consecrated Ileke beads
-  *Cultivate relationships with the Orisha, your Ori, and ancestors*
-  *Develop rituals rooted in your own sacred rhythm*
-  *Be guided by me, Iya Tirra-Omilade, with heart and honor*

This is your next step—if your spirit says it is.

We're waiting for you, Sis. The ancestors are already celebrating.

👉 Join us now → <https://bit.ly/ilekeallaccess>

With love, courage, and a whole lot of Ashe,
Iya Tirra-Omilade
Your Goddess Guide + Sister-Friend